

SKILLS-TRAINING

# EFT (P)

# **EMOTION FOCUSED COUPLES THERAPY**

Building on the latest research conducted by Dr. Greenberg and his colleagues SIA Berlin for the first time in Berlin presents the 1- year intensive training of Emotion Focused Couples Therapy. The training is conceptualized for Therapists who work or intend to work with couples and therapists who are interested in integrating emotions and changes of negative circular interaction patterns in their practice. The in-depth Skills-Training consists of a combination lecturettes, video demonstrations, modelling and supervised role-playing practice.

The registrants will focus intensively on the typical circular interaction patterns in their own relationships and work on it by accessing the underlying primary emotions.

To maximize experiential learning, enrolment is limited.



## **DATES**

Module 1 09. 03-12.03.2016 Prof. Dr. Les Greenberg

Module 2 13. 06-16.06.2016 Prof. Dr. Rhonda Goldmann

Module 3 31.10.-03.11.2016 Dr. Serine Warwar

Training credits have been requested at the Psychotherapeutenkammer Berlin.

PRICE 2.650.- Euro

### ORGANISATION & REGISTRATION

SIA Berlin GmbH, Systemisches Institut für Achtsamkeit Friedelstraße 40, 12047 Berlin

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### **TRAINERS**



Prof. Dr. Leslie S. Greenberg is one of the originators and primary developers of Emotion-Focused Therapy for individuals and couples. Dr. Greenberg is actively involved in the training, research, and development of Emotion-Focused Therapy at the Emotion-Focused Therapy Clinic, and he travels throughout the world doing presentations and workshops in Emotion-Focused Therapy.



Prof. Dr. Rhonda N. Goldman, Ph.D. is a Professor at The Illinois School of Professional Psychology, Argosy University, and board member of the International Society for EFT. She is one of the primary developers of Emotion-focused therapy for individuals and couples, and co-author of the recent book on EFT for Couples. She has been actively involved in research, training, and EFT for the past 25 years, and travels internationally, conducting presentations and trainings.



Serine Warwar, Ph.D. is the head of an Emotion-Focused Therapy Clinic for individuals and couples, and supervises graduate students in Toronto, Ontario. She is an associate of the Emotion Focused Therapy Institute at York University, has been an EFT supervisor for 22 years, and she conducts international trainings in EFT. She has been one of the primary developers of an EFT model to resolve emotional injuries in individuals and couples.