



„Case Formulation and Emotional Processing in Emotion Focused Therapy“

The Institute for Emotion Focused Therapy in Bern (IEFT.ch) is proud to host a three-day Workshop on „Case Formulation and Emotional Processing in EFT“, from 27-29 October 2016 with Rhonda Goldman.

This training is geared towards psychotherapists with basic or advanced knowledge in Emotion Focused Therapy.

The workshop takes place in Bern, Switzerland.

Summary of Presentation

This presentation will focus on case formulation in Emotion-Focused Therapy. Drawing on her recently published book on the topic, Goldman will present the three stages of case formulation and discuss how it is applied in therapeutic work with clients. Distinguishing factors of case formulation will be presented. The hallmarks of case formulation, namely process diagnosis and identification of core maladaptive emotions will be reviewed. Then, Goldman will demonstrate how the case formulation method is applied in her recent video in which she works with a female client with body-image issues on unresolved hurt, pain, and anger with her mother.

Rhonda Goldman

Rhonda N. Goldman, PhD, is a professor at the Illinois School of Professional Psychology at Argosy University, Schaumburg and a therapist affiliate of the Family Institute at Northwestern University in Evanston, Illinois where she sees both couples and individuals. She has authored four texts on Emotion-Focused Therapy including her most recent book

(2014) on case formulation. She practices, teaches, and conducts research on emotional processes, empathy, vulnerability, depression, and soothing. She is the 2011 recipient of the Carmi Harari Early Career Award from the Society of Humanistic Psychology, Division 32 of the American Psychological Association. She is past-president of the Society for the Exploration of Psychotherapy Integration (SEPI). Rhonda Goldman and is a co-founding board member of the International Society for Emotion-Focused Therapy (ISEFT). Dr. Goldman travels internationally, conducting trainings and workshops in Emotion-Focused Therapy.

Organization: Institute for Emotion Focused Therapy Bern (IEFT.ch)

Presenter: Rhonda Goldman, Ph.D.

Date: October, 27-29. 2016

Location: Alpeneggstrasse 5, 3012 Bern, Switzerland

Time: 9:15-17h

Language: English

Fees: 750 sFr.

Early Bird Fee: for registration before August 14 2016 the workshop fees are 720 sFr.

Registration limit: as long as there are free places

More information: info@ieft.ch

Online registration:

www.emotionsfokussiertetherapie.ch