

**The Institute of Emotion-Focused Therapy Ireland
& The Division of Counselling Psychology, PSI**

jointly present

Emotion-Focused Therapy - Level 3

A Three Day Training Workshop from 11th -13th December 2015

Facilitated by Ladislav Timulak, PhD

Location: Centre for Professional Therapy, Baggot Street, Dublin

Fee: €450 (€400 early booking discount before 31/10/2015)

Participants must have completed EFT Level 1 & 2 training workshops

Workshop Overview: EFT Level 3 is a three day workshop involving supervision and discussion of cases which participants bring for consultation. Each participant will be expected to present one or more video or audio recorded session for supervision. In addition, issues of application and advanced skills will be discussed and practiced if desired.

All participants must have already completed EFT Level 1 and EFT Level 2.

Completion of EFT Level 3 allows participants fulfil criteria for Level A proficiency in EFT, as outlined by iSEFT:

<https://iseft.wildapricot.org/Standards>



Ladislav Timulak, Ph.D., is an Associate Professor at Trinity College Dublin, where he is also Course Director of the Doctorate in Counselling Psychology. He trained in emotion-focused therapy with

the developers of EFT, Leslie Greenberg and Robert Elliott. His main research interest is in the area of psychotherapy research, in particular emotion focused therapy; and he is lead investigator in an ongoing study investigating the application of EFT to the treatment of Generalised Anxiety Disorder. He is the author of a number of books, including the recently published *'Transforming Emotional Pain in Psychotherapy: An Emotion-Focused Approach'*.

This workshop is a small group training experience and enrollment is strictly limited to 12 participants. Registration is on a first come, first served basis. No refund will be given without one week's notice of cancellation.

This event has been registered for CPD credits for members of PSI.

All PSI members must sign for these credits on each day.



Enquiries and bookings can be made by contacting: ieftireland@gmail.com